



Small Bowel Capsule Endoscopy Instructions

Your scheduled appointment is: Date _____ Time _____

- Nothing by mouth after 8pm the night before the procedure except for sips of water with medications.
- Arrive at 8:30am.
- You can have clear liquids starting at 11:30am, the morning of the procedure.
- You can have a light lunch starting at 1:30pm the day of the procedure.
- Return to the office by 4pm the same day for removal of the equipment.
- You may drive yourself to and from the procedure.
- Hold iron pills 3 days prior to the procedure.
- Do not have an MRI within **30 days** *after* this procedure.