



5424 Discovery Park Boulevard, Bldg. A, Suite 101 | Williamsburg, Virginia 23188  
(o) 757-707-3505 (f) 757-707-3506

**Richard J. Hartle, M.D. • Stephen R. Hawkins, PA-C**

## **Esophageal Manometry Study**

Esophageal manometry is a diagnostic test that measures the pressure changes and coordination of activity in the muscles of your esophagus.

The nurse will pass a catheter through your nose and into your stomach, which will then be connected to a computer. Data will be recorded when you swallow small sips of liquids while you lay in bed with your head at a 30 degree angle.

This study takes approximately two hours to complete. After the study, you will be able to eat a regular diet and drive yourself home, as sedation is not required.

## **Preparation**

Discontinue the following medication(s):

- None
- Acid suppression therapy medications: \_\_\_\_\_ for \_\_\_\_\_ days
- Reglan: *For 5 days*
- Calcium channel blocker, Nitrates: *For \_\_\_\_\_ days*
- Antacids (Tums, Maalox, Mylanta): *For 2 days*
- Benzodiazepines: *For \_\_\_\_\_ days*
- Other: \_\_\_\_\_

**NOTE: Do not eat or drink anything after midnight or six hours prior to your test.**

## **Scheduling Your Esophageal Manometry Study**

You will receive a call from the Williamsburg Procedure Suite to schedule your Esophageal Manometry Study.

If you have not received a call within one week, or if you have any questions, please call (757) 707-3505.

Scheduled Study Date: \_\_\_\_\_ Time: \_\_\_\_\_

**! TPMG Williamsburg Procedure Suite is located in Building A at 5424 Discovery Park Boulevard in Suite 101. Please note this is the first building on the right side, Tidewater Medical Center at New Town/5424-Building A. For assistance, please contact us at (757) 707-3505.**